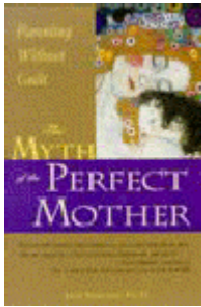


The Myth of the Perfect Mother

Parenting Without Guilt

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12 CEHs



TO TAKE THIS COURSE

1. **Print** exam questions below to use while reading text.
2. **Click** on the “**Buy from amazon.com**” link to obtain text.
3. **Read** text and answer exam questions on this sheet.
4. **Click** the “**Answer Sheet**” button on navigation bar to take test.
5. **Transfer** answers from this study guide to **Answer Sheet**.
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7. **Enter** credit card information on **Payment Form** that follows.
8. **Certificate of Completion** will be e-mailed after test is scored.

Examination Questions

Introduction: The Myth of the Perfect Mother

1. According to the author, constant, intimate contact with children can stir up disturbing feelings.
 - a. True
 - b. False
2. Mothers who are supported and nurtured are better able to support and nurture their children.
 - a. True
 - b. False

Chapter 1: Maternal Love and Maternal Impotence

3. Women who love their children are devastated when they are unable to provide them with loving care.
 - a. True
 - b. False
4. According to the author, it is extremely difficult for mothers to admit that they do not want to spend time caring for their children.
 - a. True
 - b. False
5. Helen Deutsch never talked about Paula in her sessions with Freud.
 - a. True
 - b. False

Chapter 2: The Subjective Experience of the Mother

6. Some mothers can't stand to be separated from their children; other mothers can't wait to get away from their children.
 - a. True
 - b. False

7. Many new mothers feel torn between their attachment to the baby and their love for their husbands.

- a. True
- b. False

Chapter 3: The Longing For Children and the Longing For the Mother

8. One of the strongest motivations for having a baby may be the desire to re-create the experience of being taken care of and loved.

- a. True
- b. False

9. In order to encourage children to grow up, mothers often have to frustrate them.

- a. True
- b. False

Chapter 4: The Fear of Knowing

10. According to the author, mothers who work outside the home and those that stay home to care for children have difficulty understanding each other's experiences.

- a. True
- b. False

11. In this country, child rearing is not a job that is highly rewarded financially.

- a. True
- b. False

12. Society frequently denies how draining it can be to provide continual care, protection and empathy to small children.

- a. True
- b. False

Chapter 5: On Fathers and Male Mothers: The Myth of the Bad Father

13. In studies done in 1958 and 1966, it was discovered that the absence of father before the child's fourth year causes antisocial behavior.

- a. True
- b. False

14. A 1976 study found that early attachment to father was not much different from attachment to mother.

- a. True
- b. False

15. According to traditional psychoanalytical thinking, fathers are not expected to become a crucial source of love for children.

- a. True
- b. False

16. According to traditional psychoanalytical thinking, fathers are expected to enhance their children's separation from mothers.

- a. True
- b. False

Chapter 6: The Work of Separation

17. Society expects mothers to encourage autonomy in their children as they grow up.

- a. True
- b. False

18. Under-involvement and over-involvement are key issues mothers of school-age children must deal with.

- a. True
- b. False

Chapter 7: Adolescence and the End of Childhood

19. When adolescents become more independent and distancing, mothers can feel rejected.

- a. True
- b. False

20. In order to separate, adolescents refuse to empathize with their parents.

- a. True
- b. False

21. Children in this society are not expected to grow up and take care of their parents in their old age.

- a. True
- b. False

Chapter 8: The Meaning of Maternal Failure: Maternal Anguish

22. The author believes society should be asking how best to take care of our care-givers.

- a. True
- b. False

23. In our society, there is no longer traditional ways of nurturing that everyone adheres to.

- a. True
- b. False

24. To question how our parents raised us, can leave both generations feeling conflict and estrangement.

- a. True
- b. False

Chapter 9: The Double Vision of Anne Sexton and Sylvia Plath

25. Anne Sexton and Sylvia Plath were both mothers who could not care for their children.

- a. True
- b. False

26. Both women wrote about what it was like to be the daughters of troubled mothers.

- a. True
- b. False

27. Both women wrote about the painful aspects of mothering.

- a. True
- b. False

Chapter 10: Possibilities of Transformation

28. Society has been reluctant to examine the emotional realities of child rearing.

- a. True
- b. False

29. Studies done in 1979, 1984, and 1988 suggest that there are infinite chances for children to recover from trauma.

- a. True
- b. False

30. Children, often without realizing it, push their parents to grow in unexpected ways.

- a. True
- b. False