

Deadly Odds
Recovery from Compulsive Gambling
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12 CEHs



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Examination Questions

1. According to the authors, taking risks is part of the (gambling) action.
 - a. True
 - b. False

2. According to the authors, the Lottery, as well as other forms of easily accessible, legal gambling activities, introduces would-be compulsive gamblers to:
 - a. the awareness of responsible gambling
 - b. gambling
 - c. other peoples’ addiction to gambling
 - d. all of the above

3. As reported by two leading national magazines, an estimated _____ was bet legally in the United States in 1988.
 - a. \$300 Million
 - b. \$5 Billion
 - c. \$208 Billion
 - d. \$3.7 Billion

4. According to the authors, the fear that an increase in compulsive gambling is _____ to follow any increase in legalized gambling activities.
 - a. not likely
 - b. likely

5. According to Dr. Richard J. Rosenthal, gambling caters to our need for:
 - a. immediate relief and gratification
 - b. our preoccupation with material success
 - c. a kind of action without involvement
 - d. all of the above

6. According to Dr. Richard J. Rosenthal, video gambling machines may offer gambling at its purest form because:
 - a. there is an immediate stimulus-response
 - b. our society is preoccupied with video games
 - c. more and more floor space is being devoted to video machines
 - d. video games pay off in credits, rather than coins

7. According to the authors, the overwhelming majority of people who gamble don't become compulsive gamblers.
- True
 - False
8. According to the studies done by R.A. Volberg and H.J. Steadman, while more than 80% of the adult population in the US have gambled, _____ are compulsive gamblers.
- more than half
 - less than 2%
 - 48%
 - approximately 12%
9. Characteristics of gambling behavior include:
- frequent preoccupation with gambling or with obtaining money to gamble
 - frequent gambling of larger amounts of money, or gambling over a longer period of time than intended
 - repeated efforts to reduce or stop gambling
 - all of the above
10. According to Dr. Richard J. Rosenthal, the diagnostic criteria for compulsive gambling falls into the following four basic categories; progression, preoccupation, an intolerance of losing, and a disregard for consequences.
- True
 - False
11. According to the authors, compulsive gambling did not initially achieve legitimacy as an addiction in the medical community because:
- most compulsive gamblers have dual addictions
 - the narrow definition of addiction only encompassed substance abuse
 - outpatient treatment is the most effective treatment method for gambling addiction
 - none of the above
12. According to the authors, women make up _____ of the compulsive gamblers.
- one-third
 - one-fourth
 - one-half
 - one-tenth
13. As was the case with women alcoholics, the stigma is greater for female gamblers.
- True
 - False
14. When a woman tells her spouse about her gambling problem, she is _____ likely to be abandoned by him than if it were the other way around.
- less
 - more
15. According to Dr. Richard J. Rosenthal, there _____ a number of differences between male and female compulsive gamblers.
- are
 - are not
16. The following factors, according to Dr. Rosenthal, can translate into a personality picture of the typical gambler:
- a family history of alcoholism or compulsive gambling
 - a family that emphasizes status and overvalues money
 - exposure to gambling at a young age
 - all of the above
17. According to the authors, state lotteries appeal to the poor, minorities, and the elderly.
- True
 - False

- 18.** Since most of the profits from Bingo go toward worthwhile projects, both on Indian reservations and in communities and churches, there is little strong opposition to the proliferation of legal Bingo games.
- True
 - False
- 19.** Bingo has become a popular game for problem gamblers because of:
- high-stakes games
 - greater accessibility
 - fast-paced action
 - all of the above
- 20.** The rate of attempted suicide among compulsive gamblers is estimated to be as high as:
- 5%
 - 15%
 - 25%
 - 35%
- 21.** According to the Strachian's and Cluster's studies with GA members, women are _____ prone than men to be depressed and suicidal over their gambling.
- less
 - more
- 22.** The equivalency of Gamblers Anonymous for family members and friends of compulsive gamblers is:
- Al-anon
 - Gam-anon
 - Gamblers Awareness
 - FOG (Friends of Gamblers)
- 23.** Gamblers Anonymous is a:
- 12-step program
 - self-help program
 - program for recovering compulsive gamblers
 - all of the above
- 24.** It is estimated that the number of recovering gamblers is _____ than the number of recovering alcoholics.
- higher
 - lower
- 25.** According to the authors, the majority of the hospital programs for compulsive gambling were located in psychiatric hospitals.
- True
 - False
- 26.** According to the authors, following the legalization of gambling in the state of Montana, there was _____ in compulsive gambling.
- a decrease
 - an increase
- 27.** Other conditions that often run concurrent with compulsive gambling include:
- bipolar disorder
 - severe depression
 - chronic alcohol and drug abuse
 - all of the above
- 28.** Compulsive gambling is not a significant problem in the gambling industry.
- True
 - False

- 29.** According to Dr. Robert Hunter, “The treatment of compulsive gambling is _____ from that for alcoholism or drug dependency.”
- a.** similar
 - b.** completely dissimilar
- 30.** According to Dr. Robert Hunter, in treating gamblers, it is necessary to figure out:
- a.** what feelings they are blocking with the gambling
 - b.** the degree or frequency of their gambling
 - c.** when their addiction began
 - d.** all of the above
- 31.** According to Dr. Robert Hunter, the goal of both alcohol/drug and compulsive gambling treatment is:
- a.** one day at a time
 - b.** total abstinence
 - c.** controlled withdrawal
 - d.** conditioned response