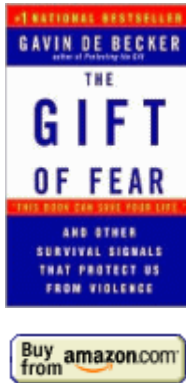


The Gift of Fear

Survival Signals that Protect Us from Violence

Gavin de Becker

15 CEHs



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Examination Questions

Chapter 1: In the Presence of Danger

1. Women visit emergency rooms for injuries caused by their husbands or boyfriends ____ often than for injuries from car accidents, robberies, and rapes combined.
 - a. less
 - b. more
2. According to the author, Americans worship logic, even when it’s wrong, and deny intuition, even when it’s right.
 - a. True
 - b. False
3. According to the author, every thought is ____ by a perception, every impulse is ____ by a thought, every action is ____ by an impulse, and man is not so private a being that his behavior is unseen, his patterns undetectable.
 - a. followed
 - b. augmented
 - c. preceded
 - d. none of the above

Chapter 2: The Technology of Intuition

4. According to the author, intuition is a gift we all have, whereas retention of knowledge is a skill.
 - a. True
 - b. False
5. According to the author, the mental energy we use searching for the innocent explanation to everything could more constructively be applied to:
 - a. predicting what might happen next
 - b. overcoming our feelings of fear
 - c. ignoring our survival skills
 - d. evaluating the environment for important information

Chapter 3: The Academy of Prediction

6. According to research compiled by the FBI behavioral scientist Robert Ressler, ____ of serial killers had been abused as children, either with violence, neglect, or humiliation.
- a. 50%
 - b. 66%
 - c. 82%
 - d. 100%
7. According to the author, a violent history experienced in childhood ____ ensure a violent future.
- a. does
 - b. does not

Chapter 4: Survival Signals

8. As an effective way to establish premature trust, use of the word “we” is referred to as:
- a. “involuntary participation”
 - b. “indirect linking”
 - c. “forced teaming”
 - d. none of the above
9. According to the author, declining to hear ____ is a signal that someone is either seeking control or refusing to relinquish it, and is a word that must never be negotiated.
- a. approval
 - b. no
 - c. rejection
 - d. none of the above
10. When it comes to danger, intuition is always right in at least which of the following ways?
- a. It is always in response to something.
 - b. It always has your best interest at heart.
 - c. all of the above
 - d. none of the above

Chapter 5: Imperfect Strangers

11. According to the author, no matter how aberrant the person whose behavior you seek to predict, no matter how different from them you may be, you must:
- a. find in them a part of yourself
 - b. find in yourself a part of them
 - c. find in them a part of yourself, and in yourself a part of them
 - d. none of the above
12. According to the author, the process of predicting violent behavior and non-violent behavior is:
- a. identical
 - b. the exact opposite

Chapter 6: High-Stakes Predictions

13. The evaluation of the mental and emotional processes that leads to the decision to use violence can be broken down into the following four elements:
- a. circumstances, motive, benefits, and consequences
 - b. justification, alternatives, consequences, and ability
 - c. opportunity, justification, benefits, and consequences
 - d. none of the above

14. According to the author, which of the following elements of prediction is the most valuable?
- a. Measurability
 - b. Imminence
 - c. Pre-incident Indications (PINS)
 - d. Experience

Chapter 7: Promises to Kill

15. Which of the following statements are false?
- a. A threat is a statement of an intention to do harm.
 - b. Intimidations are statements of conditions to be met in order to avert harm.
 - c. It is the listener and not the speaker who decides how powerful a threat will be.
 - d. none of the above
16. According to the author, the great enemy of perception, and thus accurate predictions, is:
- a. judgment
 - b. fear
 - c. anxiety
 - d. objectivity

Chapter 8: Persistence, Persistence

17. According to the author, in response to harassment, doing nothing provocative is an option.
- a. True
 - b. False
18. According to the author, when dealing with people who won't let go, you change what you can and stop trying to change what you cannot.
- a. True
 - b. False

Chapter 9: Occupational Hazards

19. Which of the following statements are false?
- a. The fear of violence at work is understandable because work is a place where many of us are forced to interact with people we did not choose to have in our lives.
 - b. Violence finds its way into every institution of our culture, and people not expecting it are also not prepared for it.
 - c. Manipulations are statements intended to influence outcome without resorting to threat.
 - d. none of the above
20. According to the author, when handling a prediction that an employee's alarming or disturbing behavior might escalate, a manager is wrong if he or she:
- a. doesn't consider safety first
 - b. doesn't ask the right questions
 - c. doesn't communicate concerns clearly and early
 - d. all of the above
21. Firing is something done from a position of power.
- a. True
 - b. False

Chapter 10: Intimate Enemies

22. Spousal homicide is a crime that can strike ____ conscience.
- a. with
 - b. without

23. According to the author, temporary restraining orders (TROs) clearly serve the:

- a. victim
- b. spouse
- c. police and prosecutors
- d. wife

24. According to the author, ____ provide the best way to be safe for women at risk.

- a. restraining orders
- b. battered women's shelters
- c. self-defense classes
- d. none of the above

Chapter 11: I Was Trying to Let Him Down Easy

25. According to the author, there are two broad categories of stalking:

- a. unwanted pursuit by a stranger and unwanted pursuit by someone the victim knows
- b. those that are persistent and those that are not
- c. those that are potentially violent and those that are not
- d. none of the above

26. The way to stop contact with a pursuer is to:

- a. change your phone number
- b. move
- c. stop contact
- d. all of the above

Chapter 12: Fear of Children

27. According to a study, ____ percent of juvenile homicides occur when the young people are high or drunk.

- a. 25
- b. 44
- c. 50
- d. 75

28. According to the author, the single most pre-incident indicator of parricide is:

- a. poverty
- b. child abuse
- c. drug addiction in a parent
- d. single-parent childhood

Chapter 13: Better to Be Wanted by the Police Than Not to Be Wanted at All

29. According to the author, the greatest intimacy most assassins attain is with those they attack.

- a. True
- b. False

30. Which of the following statements is true?

- a. For assassins, it is the act not the target.
- b. For assassins, the destination, not the journey, that matters.
- c. all of the above
- d. none of the above

31. People who don't get that feeling of ____ in childhood seek ways to get it as an adult.

- a. accomplishment
- b. significance
- c. identity
- d. independence

Chapter 14: Extreme Hazards

32. According to the author's experience, celebrities being stalked by a "crazed fan" is common.
- a. True
 - b. False
33. According to the author, the point of discussing the Michael Perry case was to:
- a. add to the understanding of violence
 - b. reveal the human truth in the sensational stories that we see in the news reports
 - c. show that even the most public crime cases are motivated by personal issues
 - d. all of the above

Chapter 15: The Gift of Fear

34. According to the author, trusting intuition is the ____ living in fear.
- a. same as
 - b. exact opposite of
35. According to the author, true fear is:
- a. easily overcome
 - b. not a servant of intuition
 - c. is a state like anxiety
 - d. is a survival signal that sounds only in the presence of danger
36. According to the author, worry is:
- a. caused by uncertainty
 - b. not manufactured
 - c. a choice
 - d. linked to pain or death