

# *Protecting the Gift*

## *Keeping Children and Teenagers Safe*

Gavin de Becker  
**14 CEHs**



## TO TAKE THIS COURSE

1. **Print** exam questions below to use while reading text.
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## Examination Questions

### Chapter One: The Search for Certainty

1. According to the author, \_\_\_\_ are the defense system designed to spot danger at the earliest possible moment, and qualified to avoid it, evade it, escape it, or destroy it.
  - a. habits
  - b. children
  - c. parents
  - d. instincts
  
2. According to the author, Safety starts with knowing that your \_\_\_\_ about people is a brilliant guardian.
  - a. suspicion
  - b. knowledge
  - c. wisdom
  - d. intuition
  
3. Predicting violence is a matter of looking for the obvious and not looking at the obvious.
  - a. True
  - b. False

### Chapter Two: Intuition – The Source of Safety

4. Human beings, like animals exchange a series of signals before violence.
  - a. True
  - b. False
  
5. Which of the following is not a Signal of Denial?
  - a. Justification
  - b. Refusal
  - c. Rationalization
  - d. none of the above

**Chapter Three: Worry**

6. According to the author, often, the very fact that you are worrying about something means that it isn't likely to happen.
- True
  - False
7. Which of the following statements is true?
- True fear is a gift that signals us in the presence of danger; thus, it will be based upon something you perceive in your environment or your circumstances.
  - Unwarranted fear or worry will always be based upon something in your imagination or your memory.
  - all of the above
  - none of the above

**Chapter Four: Survival Signals**

8. Which of the two basic predator types looks for a vulnerable victim who will allow the predator to be in control?
- power-predator
  - persuasion-predator
9. According to the author, Forced Teaming is:
- intentional and direct
  - the projection of a shared purpose or experience where none exists
  - one of the most sophisticated manipulations
  - all of the above
10. According to the author, we must learn and then teach our children that niceness \_\_\_\_ equal goodness.
- does
  - does not
11. According to the author, if you let someone talk you out of the word "No" or ignore it, you might as well wear a sign that reads, "You are in charge."
- True
  - False

**Chapter Five: Talk to Strangers**

12. According to the author, if your child is ever lost in public, the ability to talk to strangers is:
- never necessary
  - an asset
13. The author recommends that if a child ever becomes lost, teach them to go to:
- a store manager
  - a policeman
  - a woman
  - none of the above

**Chapter Six: The Changing of the Guard**

14. Which of the following is not one of the Test of Twelve, which requires a child to know?
- It's okay to be assertive.
  - It's okay to make a noise, to scream, to yell, to run.
  - To fully resist ever going anywhere out of public view with someone they don't know, and particularly to resist going anywhere with someone who tries to persuade them.
  - none of the above

15. According to the author, \_\_\_\_ of America's parents say they don't know where their children go after school.
- nearly all
  - a quarter
  - half
  - three-quarters

### **Chapter Seven:** Baby-Sitters and Nannies

16. The author recommends asking a prospective baby-sitter if they have ever mistreated a child, even if asking the question feels rude or ridiculous.
- True
  - False

17. According to the author, \_\_\_\_ are more likely to sexually abuse children.
- women
  - men

### **Chapter Eight:** Children Away From Home

18. Which of the following does the author suggest be the first step when screening a day-care service?
- assess the demeanor of the staff
  - confirm their licensing
  - evaluate the atmosphere of the facility
  - none of the above
19. Which of the following questions should be asked when checking on the methods for screening volunteers at a day-care center?
- Is each person checked against the list of registered sex offenders (in states where the information is available)?
  - Do you obtain fingerprint-based background information on all employees and volunteers?
  - Have you ever suspected that one of the kids in your care was the victim of child abuse at home?
  - all of the above

### **Chapter Nine:** Sexual Predators

20. According to the author, nearly \_\_\_\_ of the offenders of sexual abuse crimes are heterosexual men.
- 50%
  - 86%
  - 100%
  - none of the above
21. Which of the following is not one of the "footprints" in detecting evidence that sexual abuse is likely to occur, as a part of the author's Protection Process?
- A child's resistance to completing homework or household chores.
  - A child's vulnerability; an unhappy child not getting comfort or support at home.
  - The presence and growing popularity of an adult in the child's life.
  - The amount of time the adult and child spend together, and where they spend it.
22. According to the author, the damage from not being protected is often \_\_\_\_ than the damage of sexual assault.
- less
  - greater

### **Chapter Ten:** Children at School

23. In a Department of Justice study, only \_\_\_\_ percent of school principals considered guns a serious campus problem.
- 8
  - 12
  - 2
  - 10

**Chapter Eleven:** Protecting Ophelia

24. According to the author, teenage girls are the most victimized segment of our population because:
- they offer less resistance
  - they pose less risk
  - they are perceived as sexual objects
  - all of the above
25. According to the author, when a man in our culture says “No” it’s usually the end of a discussion, but when a woman says “No” it’s:
- always heard as “No”
  - the beginning of a negotiation
26. According to the author, a man who intends to commit sexual assault or rape needs \_\_\_\_, and if he does not have it, he is not dangerous.
- privacy and control
  - acceptance
  - intimacy
  - physical dominance
27. The date-rape drug, Rohypnol is effective and dangerous because it:
- is tasteless and odorless
  - dissolves completely in a drink
  - incapacitates a person for hours and erases their memory
  - all of the above

**Chapter Twelve:** Tom Sawyer and Huckleberry Finn and Smith & Wesson

28. According to the author, laws aren’t the ultimate solution to child safety – parents are.
- True
  - False
29. According to the author, from the perspective of the safety of children, having a gun in the house \_\_\_\_ risk.
- decreases
  - increases

**Chapter Thirteen:** Friends as Enemies

30. According to the author, which of the following statements is true?
- Violence is not hard-wired.
  - Aggression is hard-wired.
  - Violence is taught.
  - all of the above
31. According to the author, the \_\_\_\_ of adult males upsets the natural order in our species and in others.
- presence
  - dominance
  - absence
  - none of the above
32. Boys at risk of committing terrible violence \_\_\_\_ a history of getting in trouble.
- don’t necessarily have
  - consistently have

**Chapter Fourteen:** All in the Family

33. According to the author, children who witness violence between their parents in American homes \_\_\_\_ model the behavior they see.

- a. will
- b. will not

34. According to the author, children that kill their parents are \_\_\_\_ in human nature than parents who kill their children.

- a. more common
- b. far more rare

**Chapter Fifteen:** Protecting the Village

35. According to the author, we know that generosity toward at-risk boys when they are young is \_\_\_\_ effective than punishment when they are criminals.

- a. less
- b. more

**Chapter Sixteen:** Protecting the Gift

36. According to the author, we must teach children that our primary defense weapons are:

- a. fear and knowledge
- b. mental and physical
- c. the mind and the heart
- d. none of the above