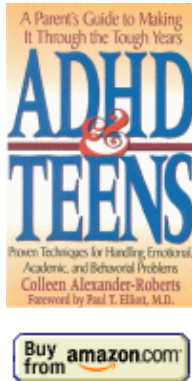


# ***ADHD & Teens***

*Proven Techniques for Handling Emotional, Academic, and Behavioral Problems*

Colleen Alexander-Roberts

**12 CEHs**



## **TO TAKE THIS COURSE**

1. **Print** exam questions below to use while reading text.
2. **Click** on the “**Buy from amazon.com**” link to obtain text.
3. **Read** text and answer exam questions on this sheet.
4. **Click** the “**Answer Sheet**” button on navigation bar to take test.
5. **Transfer** answers from this study guide to **Answer Sheet**.
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## Examination Questions

### **Chapter One:** Pay Attention: Hyperactivity Is Not Just for Youngsters

1. ADHD was first described in the medical literature in:
  - a. 1898
  - b. 1901
  - c. 1905
  - d. 1908
  
2. According to the author, a diagnosis of ADHD automatically indicates a need for medication.
  - a. True
  - b. False
  
3. There is scientific proof that ADHD is caused by:
  - a. allergies
  - b. sugar
  - c. additives
  - d. none of the above
  
4. According to the author, learning disabilities often coexist in \_\_\_\_ of the children diagnosed with ADHD.
  - a. one-tenth to one-fifth
  - b. one-fifth to one-fourth
  - c. one-fourth to one-third
  - d. one-third to one-half
  
5. ADHD is an emotional problem.
  - a. True
  - b. False
  
6. According to the author, research has shown that girls with ADHD are more inclined to have:
  - a. poor peer relationships
  - b. low self-esteem
  - c. depression
  - d. all of the above

**Chapter Two: Medical Management of ADHD in Adolescents, by Paul T. Elliott, MD**

7. The person with ADD usually has a poor sense of the passage of time.  
a. True  
b. False
8. According to the author, medication is the only treatment needed for ADHD.  
a. True  
b. False
9. According to the author, a diagnosis of ADHD is an automatic indication of medication.  
a. True  
b. False
10. The stimulant medication used in the treatment of ADHD is:  
a. Ritalin  
b. Dexedrine  
c. Adderall  
d. all of the above
11. According to the author, about \_\_\_\_ of patients with ADHD will respond to antidepressant medication.  
a. one-fourth  
b. one-half  
c. three-fourths  
d. none of the above

**Chapter Three: ADHD in the Teen Years**

12. According to Russell A. Barkley, Ph.D., \_\_\_\_ of all children with ADHD will continue to display their symptoms into adolescence.  
a. 30% to 40%  
b. 50% to 60%  
c. 70% to 80%  
d. 80% to 90%
13. ADHD teens have difficulty with:  
a. procrastination  
b. delayed gratification  
c. internal self-monitoring  
d. all of the above

**Chapter Four: Your Teen's Evolving Identity**

14. According to the author, ADHD teens often lag behind their peers in their ability to handle responsibility.  
a. True  
b. False
15. According to the author, many ADHD teens are overly sensitive to mild criticism.  
a. True  
b. False

**Chapter Five: Guiding Teens' Behavior**

16. One of the parenting tips the author offers to parents of ADHD teens is to learn to distinguish the difference between noncompliance and incompetence.  
a. True  
b. False

**Chapter Six: Positive Discipline**

17. According to the author, one of the strategies for positive discipline that works with ADHD teens is using:
- the Non-negotiation Rule
  - the Rationalization Rule
  - Grandmother's Rule
  - none of the above

**Chapter Seven: Developing Social Skills**

18. According to the author, many teens with ADHD have difficulty:
- taking turns in conversation
  - maintaining eye contact
  - paying attention
  - all of the above

**Chapter Eight: Comorbidity: The Many Faces of ADHD**

19. Comorbid conditions are present in \_\_\_\_ of those with ADHD.
- 35% to 65%
  - 55% to 85%
  - 75% to 95%
  - none of the above

**Chapter Nine: Family Dynamics**

20. According to the author, some mothers of ADHD children, self-medicate with alcohol to calm down from interactions with their children.
- True
  - False

**Chapter Ten: School and the Student**

21. According to the author, by adolescence over \_\_\_\_ of all ADHD teens will have failed to pass at least one grade.
- a fourth
  - a third
  - half
  - two-thirds

**Chapter Eleven: ADHD and Substance Abuse**

22. According to the author, what is the number one drug problem among teens?
- Cocaine
  - Alcohol
  - Marijuana
  - Rohypnol

**Chapter Twelve: Sexuality and Dating**

23. In a June 1994 report, \_\_\_\_ of the one thousand girls questioned wanted to learn how to say no to sex without hurting the other person's feelings.
- 42%
  - 69%
  - 84%
  - 93%

**Chapter Thirteen:** The Suicidal Teen

24. Teenagers who have attempted suicide before are at greater risk of trying it again.
- a. True
  - b. False

**Chapter Fourteen:** Oppositional Defiant Disorder and Conduct Disorder

25. Teenagers without hyperactivity are at a greater risk of developing Oppositional Defiant Disorder (ODD) or Conduct Disorder (CD).
- a. True
  - b. False
26. According to the author, almost \_\_\_\_ of teens with ADHD will meet the criteria for Oppositional Defiant Disorder (ODD).
- a. 35%
  - b. 45%
  - c. 55%
  - d. 65%

**Chapter Fifteen:** Breaking the Cycle

27. According to the author, many ADHD teens are extremely sensitive and take criticism personally.
- a. True
  - b. False
28. According to the author, families of delinquent youths seem to have one thing in common:
- a. parental power is authoritative
  - b. parental power is permissive
  - c. parental power has deteriorated
  - d. none of the above