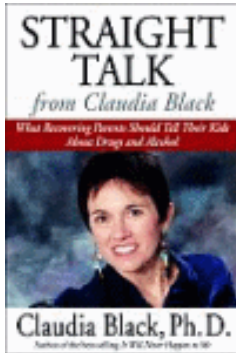


Straight Talk

What Recovering Parents Should Tell Their Kids About Drugs and Alcohol

Claudia Black, Ph.D.

6 CEHs



TO TAKE THIS COURSE

1. **Print** exam questions below to use while reading text.
2. **Click** on the “**Buy from amazon.com**” link to obtain text.
3. **Read the** text and answer the exam questions on this sheet.
4. **Click** the “**Answer Sheet**” button on navigation bar to take test.
5. **Transfer** answers from this study guide to **Answer Sheet**.
6. **Click** on “**Submit Now**” button after completing **Answer Sheet**.
7. **Enter** credit card information on **Payment Form** that follows.
8. **Certificate of Completion** will be e-mailed after test is scored.

Examination Questions

Chapter 1: Straight Talk about Addiction and Recovery

1. According to the author, children raised in addicted homes believe that they will have the willpower to do it differently than their parents.

- a. True
- b. False

2. According to the author, research indicates that elementary age of children and adolescents do not listen to their parents about the important issues in their lives.

- a. True
- b. False

Chapter 2: Breaking the Chain of Addiction

3. According to the author, children exposed to parental addiction need help in separating the addiction from the person.

- a. True
- b. False

4. According to the author, addiction is characterized by preoccupation and change in tolerance.

- a. True
- b. False

5. According to the author, alcoholics frequently have co-occurring addictions.

- a. True
- b. False

6. According to the author, men usually become addicted more rapidly than women.

- a. True
- b. False

7. According to the author, the problem of addiction is centered in the brain.

- a. True
- b. False

Chapter 3: Generational Vulnerability

8. According to the author, the genetic risk of becoming dependent or abusing alcohol is approximately 40 to 60 percent.
- a. True
 - b. False

Chapter 4: Clarifying the Confusion

9. According to the author, addiction interaction disorder occurs when one addiction reinforces the other.
- a. True
 - b. False
10. According to the author, not addressing significant emotional issues is a common reason for relapse.
- a. True
 - b. False
11. According to the author, not learning to be accountable for self is a common reason for relapse.
- a. True
 - b. False

Chapter 5: Early Recovery and Making Amends

12. According to the author, one of the “Four Horseman” described in *The Big Book of Alcoholics Anonymous* is despair.
- a. True
 - b. False

Chapter 6: New Ways of Relating

13. According to the author, parents often find it difficult to believe that children know the secrets in the home.
- a. True
 - b. False

Chapter 7: Creating Healthy Family Traditions

14. According to the author, unclear expectations of behavior can be a risk factor for addiction.
- a. True
 - b. False
15. According to the author, sharing family responsibilities, like chores, can be a risk factor for addiction.
- a. True
 - b. False
16. According to the author, protective factors decrease the risk for addiction and behavior problems.
- a. True
 - b. False

Chapter 8: Never Underestimate Your Power as a Parent

17. According to the author, research indicates that risk for addiction is lowered by delaying the onset of alcohol and drug use in adolescents.
- a. True
 - b. False
18. According to the author, adults have more enablers in their lives than adolescents.
- a. True
 - b. False