

# *Counseling the Alcoholic Woman*

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**12 CEHs**



## TO TAKE THIS COURSE

1. **Print** exam questions below to use while reading text.
2. **Click** on the “**Buy from amazon.com**” link to obtain text.
3. **Read the** text and answer the exam questions on this sheet.
4. **Click** the “**Answer Sheet**” button on navigation bar to take test.
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7. **Enter** credit card information on **Payment Form** that follows.
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## Examination Questions

### Chapter 1: A Frame of Reference

1. According to the author, the alcoholic woman is able to relate better emotionally when under the influence.
  - a. True
  - b. False
2. According to the author, the alcoholic woman uses manipulation, lying, and deceit in order to get control of her environment and the people around her.
  - a. True
  - b. False
3. According to the author, the alcoholic is a narcissist who believes that she is the center of the universe.
  - a. True
  - b. False

### Chapter 2: Socialization of the Alcoholic Woman

4. According to the author, woman alcoholics perceive themselves as victims.
  - a. True
  - b. False
5. According to the author, women alcoholics often retreat into a psychopathic state when drinking.
  - a. True
  - b. False
6. According to the author, common defense mechanisms used by the alcoholic woman is fantasy, displacement, and regression.
  - a. True
  - b. False
7. According to the author, the alcoholic woman is likely to experience fear and distrust of people during adolescence.
  - a. True
  - b. False

**Chapter 3: The Alcoholic Woman in the Family**

8. According to the author, research data demonstrates that the self-esteem of married couples drops as their consumption of alcohol increases.
- a. True
  - b. False
9. According to the author, the motivation for over-protective enablers is the need for personal security.
- a. True
  - b. False
10. According to the author, adult daughters of alcoholics tend to fear being evaluated and have a low ability to persevere in most activities.
- a. True
  - b. False

**Chapter 4: The Course of Alcoholism**

11. According to the author, seldom leaving a party without being high is Stage Two of alcoholism.
- a. True
  - b. False
12. According to the author, beginning to project blame for drinking onto persons, situations, or events, is Stage Three of Alcoholism.
- a. True
  - b. False
13. According to the author, a decrease in alcohol tolerance may occur in Stage Three of alcoholism.
- a. True
  - b. False

**Chapter 5: Cases: What it means to be an Alcoholic Woman**

14. According to the author's schematic illustration of the cycle of addiction, "pain abatement" comes after addiction.
- a. True
  - b. False

**Chapter 6: Theoretical Concerns**

15. According to the author, hitting bottom occurs at high, middle, and low levels.
- a. True
  - b. False
16. According to the author, the secondary goal of counseling is to help the client learn about alcoholism.
- a. True
  - b. False
17. According to the author, the counselor's ability to establish rapport with the alcoholic woman is closely allied with the ability to empathize effectively.
- a. True
  - b. False

**Chapter 7: Practical Techniques**

18. According to the author, counselors need to help their alcoholic clients to restructure their system of defense.
- a. True
  - b. False

**19.** According to the author, effective listening is sometimes difficult for even competent, experienced counselors.  
**a.** True  
**b.** False

**20.** According to the author, questioning alcoholic clients can turn counselor and client into adversaries.  
**a.** True  
**b.** False

**Chapter 8:** Counseling the Alcoholic Woman in a Group

**21.** According to the author, the basic reason for the alcoholic woman's interpersonal discomfort is the belief that most people cannot be trusted.  
**a.** True  
**b.** False

**22.** According to the author, most women alcoholics feel that no one listens to them.  
**a.** True  
**b.** False

**23.** According to the author, women alcoholics' use of fantasy as a defense mechanism centers around a sense of victimization.  
**a.** True  
**b.** False

**24.** According to the author, most alcoholic women express their hostility via testing.  
**a.** True  
**b.** False