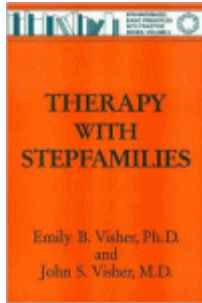


Therapy with Stepfamilies

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12 CEHs



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Examination Questions

Chapter 1: Introduction

1. According to the authors, modern dictionaries no longer carry a negative connotation in their definition of “stepparent”.
 - a. True
 - b. False
2. According to the authors, there are ____ types of specific interventions that are useful in therapy with stepfamilies.
 - a. two
 - b. three
 - c. four
 - d. five
3. According to the authors, validating and normalizing stepfamily dynamics is one of the specific interventions that is useful in therapy.
 - a. True
 - b. False
4. According to the authors, the single most important factor in bringing stability to the family was improving bonding between the couple.
 - a. True
 - b. False

Chapter 2: Stepfamily Integration

5. The authors identified ____ basic differences between the structural characteristics of remarriage and first-marriage families.
 - a. five
 - b. six
 - c. seven
 - d. eight

6. According to the authors, parents tend to be more aware of the losses for their children following their remarriage than the children's gains.
- True
 - False
7. According to the authors, remarriages are usually less complex than first marriages.
- True
 - False
8. According to the authors, the importance of the remarried parent role in the family is often overlooked.
- True
 - False
9. According to the authors, the stepparent is usually considered to be the cause of the tension in the household.
- True
 - False
10. According to the authors, there are ____ tasks that need to be accomplished for satisfactory family integration to take place.
- 5
 - 6
 - 7
 - 8
11. According to the authors, creating a parent coalition is not one of the tasks for a satisfactory family integration.
- True
 - False

Chapter 3: Working with Stepfamily Differences

12. According to the authors, tension can easily split the household along biological lines.
- True
 - False
13. According to the authors, in the beginning, therapy sessions with stepfamilies should include:
- the entire family
 - the children alone
 - the biological parent and children
 - just the couple alone
14. According to the authors, it generally takes ____ years for the stepfamily integration process to reach a satisfactory level.
- 1-2
 - 2-3
 - 3-4
 - 4-5
15. According to the authors, the power in the household rests with the parent of the children.
- True
 - False
16. According to the authors, teenagers in new stepfamilies have more power than they do in nuclear families.
- True
 - False

Chapter 4: Areas of Difficulty

17. According to the authors, there are ____ important myths that interfere with satisfactory stepfamily integration.
- five
 - four
 - three
 - two
18. According to the authors, a major way to develop group cohesiveness is to develop family rituals that involve everyone in the household.
- True
 - False
19. According to the authors, competing loyalties involve:
- remarried parents feeling caught between their children and the new spouse
 - parents who fear betraying their children by forming a strong couple relationship
 - children caught between loving a stepparent and being disloyal to their biological parent
 - all of the above
20. According to the authors, difficulties arise when there is a lack of separation between the children's two households.
- True
 - False
21. According to the authors, children are less at risk of being physically abused in stepfamilies.
- True
 - False

Chapter 5: Interventions

22. The authors suggest having ____ for teenagers losing their role as confidants or helpers.
- a retirement party
 - a family meeting
 - an awards ceremony
 - none of the above
23. According to the authors, one of the most positive aspects of therapy for stepfamilies is educational information.
- True
 - False
24. According to the authors, an important aspect of therapy is helping stepfamily members to gain some sense of mastery over their lives.
- True
 - False
25. According to the authors, stepfamilies tend to seek therapy to enhance their growth.
- True
 - False

Chapter 6: Helping the Children in Stepfamilies

26. According to the authors, children, ages 3-5 years have magical thinking and may believe that their negative thoughts are responsible for the separation of the family.
- True
 - False

27. According to the authors, school-age children tend to take sides and form strong loyalty attachments.
- a. True
 - b. False
28. According to the authors, adolescents tend to respond to family changes and tensions with anger and depression.
- a. True
 - b. False
29. According to the authors, a good way of visualizing the family situation for children is in terms of the concept of:
- a. good cop/bad cop
 - b. border patrol
 - c. dual citizenship
 - d. none of the above
30. According to the authors, many therapists find that ____ are always present in the stepchildren they see:
- a. fear and grief
 - b. anger and grief
 - c. jealousy and anxiety
 - d. none of the above

Chapter 7: Successful Stepfamilies

31. According to the authors, it is important to have realistic expectations.
- a. True
 - b. False
32. According to the authors, it is the couple relationship that holds the family together.
- a. True
 - b. False
33. According to the authors, respect and liking are more important than love.
- a. True
 - b. False
34. According to the authors, adults need to respect the children's relationship with the other household.
- a. True
 - b. False