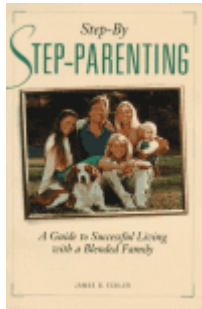


Step-By Step-Parenting

A Guide to Successful Living with a Blended Family

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10 CEHs



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1. **Print** exam questions below to use while reading text.
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Examination Questions

Chapter 1: The Initial Shock

1. According to the author, one of the difficulties stepparents must overcome is that relationship adjustments have to be made immediately.
 - a. True
 - b. False

2. According to the author, stepchildren see the stepparent as:
 - a. creating a story-book atmosphere
 - b. Florence Nightingale
 - c. a reminder of the family that has been destroyed
 - d. creating a new life for the family

3. According to the author, the new stepparent will face issues with the family:
 - a. privacy
 - b. finances
 - c. freedom of movement
 - d. all of the above

Chapter 2: Off to a Good Start

4. According to the author, the word “step” derives from an old English term meaning:
 - a. replacement
 - b. bereaved
 - c. spare part
 - d. none of the above

5. According to the author, the stepparent’s task is to build new relationships without disrupting the existing ones.
 - a. True
 - b. False

6. According to the author, people in stepfamilies should:

- a. love each other equally
- b. be lenient with each other
- c. be fair to one another
- d. none of the above

Chapter 3: Surviving the Weekend

7. According to the author, children who do not spend all of their time with the family should be considered guests.

- a. True
- b. False

8. According to the author, the wife's goal should be to succeed in her marriage more than as a stepmother.

- a. True
- b. False

Chapter 4: The Games Stepchildren Play

9. According to the author, the games stepchildren play are motivated by a desire to:

- a. test the parent's limitations
- b. manipulate parents to get what they want
- c. hurt the stepparent
- d. all of the above

10. According to the author, the games stepchildren play are also motivated by a desire:

- a. to test the stepparent's authority
- b. for material gain
- c. to degrade the stepparent
- d. all of the above

Chapter 5: Background Differences

11. According to the author, the parent who grants the child the right to have the final decision-making authority has earned the child's respect.

- a. True
- b. False

Chapter 6: Understanding the Stepchild

12. According to the author, children will play a major part in the success or failure of the new family unit.

- a. True
- b. False

13. According to the author, rules should be changed to accommodate a child's sadness.

- a. True
- b. False

Chapter 7: Building Strong Relationships

14. According to the author, researchers agree that stepfathers are ____ likely to establish and maintain good relationships with stepchildren than stepmothers.

- a. less
- b. more

Chapter 8: Communication: the Stepparent's Dilemma

15. According to the author, empathy is:
- a. feeling sorry for someone
 - b. telling someone you know what they're going through
 - c. trying to feel the way the other person feels
 - d. none of the above

Chapter 9: Help, I'm a Stepmother

16. According to the author, the biological mother becomes the number one rival to her children's new stepmother.
- a. True
 - b. False

Chapter 10: I'm Just a Stepfather

17. According to the author, stepfathers do not fear the absent parent's shadow as the stepmother does.
- a. True
 - b. False

Chapter 11: Discipline in the Stepfamily

18. According to the author, one of the predictable conflicts in stepfamilies is over:
- a. rules
 - b. discipline
 - c. authority
 - d. all of the above

Chapter 12: Stepsibling Rivalries

19. According to the author, the number one cause for sibling rivalries is competition.
- a. True
 - b. False

Chapter 13: What About Marriage?

20. According to the author, the secret of a happy marriage is that couples:
- a. are best friends
 - b. can deal with negative emotions
 - c. are less than brutally honest
 - d. all of the above

Chapter 14: Living Together Out of Wedlock

21. According to the author, a live-in partner who plans to marry ____ be given a leadership role and the right to discipline.
- a. should not
 - b. should

Chapter 15: Traits of a Preschool Child

22. According to the author, a stepparent ____ discredit a child's imaginary companion.
- a. should not
 - b. should

Chapter 16: The Stepparent and the Young Child

23. According to the author, the stepparent may function better with one age group over another.
- a. True
 - b. False

Chapter 17: The Frustration of Adolescence

24. According to the author, a stepmother of a teenage girl can find it hard when she sees radical behavior changes and hears disrespectful remarks that are common for this age.
- a. True
 - b. False

Chapter 18: What's in a Name

25. According to the author, the words "stepparent" and "stepchild" no longer carry negative implications.
- a. True
 - b. False

Chapter 19: Rewards of a Stepparent

26. According to the author, it is easier for the children to say, "She hates me!" than it is to say, "I hate her."
- a. True
 - b. False

Chapter 20: Yours, Mine, and Ours

27. According to the author, the question asked in stepfamilies is not "Do we want to have children?" but "Do we want to have more children?"
- a. True
 - b. False

Chapter 21: Rights of a Stepparent

28. According to the author, in the eyes of the law, stepparent and stepchild are considered strangers.
- a. True
 - b. False

Chapter 22: Stepparents and Adoption

29. According to the author, adoption guarantees the right of the stepchild to inherit from the stepparent's estate.
- a. True
 - b. False

Chapter 23: Grandparents in the Stepfamily

30. According to the author, grandparents often blame the new spouse for their son or daughter's divorce.
- a. True
 - b. False

Chapter 24: Let Them Be Parents

31. According to the author, the key to the successful stepparent and stepchild relationship is in the hands of the natural parent.
- a. True
 - b. False

Chapter 25: Older Stepchildren

32. According to the author, it is not necessary to work on building good relationships with older stepchildren who have left home, as they do not affect the marriage.

- a.** True
- b.** False