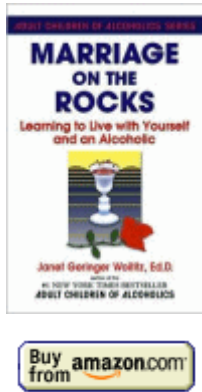


# *Marriage on the Rocks*

## *Learning to Live with Yourself and an Alcoholic*

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**5 CEHs**



## TO TAKE THIS COURSE

1. **Print** exam questions below to use while reading text.
2. **Click** on the “**Buy from amazon.com**” link to obtain text.
3. **Read** text and answer exam questions on this sheet.
4. **Click** the “**Answer Sheet**” button on navigation bar to take test.
5. **Transfer** answers from this study guide to **Answer Sheet**.
6. **Click** on “**Submit Now**” button after completing **Answer Sheet**.
7. **Enter** credit card information on **Payment Form** that follows.
8. **Certificate of Completion** will be e-mailed after test is scored.

## Examination Questions

### Chapter 1: A Look at the Problem

1. The author states that in her experience no woman who has consulted her about her husband’s drinking has ever been wrong.
  - a. True
  - b. False
  
2. Which of the following are alcoholic traits the author discussed?
  - a. emotional immaturity
  - b. guilt
  - c. grandiosity
  - d. all of the above
  
3. According to the author, the ordinary frustrations of everyday living are overwhelming to the alcoholic.
  - a. True
  - b. False
  
4. According to the author, the alcoholic’s distorted perceptions may lead to him lying when he thinks he is telling the truth.
  - a. True
  - b. False
  
5. According to the author, authority figures mean everything to the alcoholic who is drinking.
  - a. True
  - b. False
  
6. According to the author, the alcoholic does not feel guilty at all.
  - a. True
  - b. False

**Chapter 2: What Happens to You**

7. Which of the following are symptoms of near-alcoholism that the author discussed?
- continual worry
  - lying
  - anger
  - all of the above
8. According to the author, denial is part of the process that enables the disease to progress.
- True
  - False
9. According to the author, what other people think is not as important to the spouse of an alcoholic as what she thinks of herself.
- True
  - False
10. According to the author, the spouses of alcoholics dominate their alcoholic husbands as if they were children, while becoming angry and resentful when their husbands do not behave like adults.
- True
  - False
11. According to the author, lying is a way of life in the alcoholic home.
- True
  - False
12. According to the author, sexual abuse is not common in the alcoholic marriage.
- True
  - False

**Chapter 3: What Happens to the Children**

13. According to the author, children get a lot of \_\_\_\_\_ in the alcoholic home.
- attention
  - sibling rivalry
  - mixed messages
  - advice
14. According to the author, daughters of alcoholics are more likely than daughters of nonalcoholics to marry active or potential alcoholics.
- True
  - False
15. According to the author, children of alcoholics face problems with:
- social relationships
  - school performance
  - attitude
  - all of the above

**Chapter 4: Coming to Grips with the Problem**

16. According to the author, alcohol is made up of both ethyl and methyl alcohol.
- True
  - False
17. According to the author, it is the ethyl alcohol that is responsible for the morning-after hangover.
- True
  - False

18. According to the author, one cannot die from cold-turkey withdrawal from alcohol.

- a. True
- b. False

19. According to the author, you cannot hold an alcoholic responsible for his alcoholism, but you can hold him responsible for his behavior.

- a. True
- b. False

### **Chapter 5: How You Can Be Helped**

20. According to the author, what two words can lead to nothing but trouble for the spouse of an alcoholic?

- a. "I think"
- b. "you can"
- c. "if only"
- d. none of the above

21. According to the author, arguing with a husband who is drunk is asking for trouble.

- a. True
- b. False

22. According to the author, it gets convenient to blame everything on the alcoholic.

- a. True
- b. False

23. According to the author, alcoholics rarely become impotent.

- a. True
- b. False

### **Chapter 6: How Your Children Can Be Helped**

24. The author believes that the best way to begin helping the children in an alcoholic home is to confront reality.

- a. True
- b. False

25. The author believes that a discussion of the horrors of alcohol is the best way to discourage alcohol abuse in children of alcoholics.

- a. True
- b. False

26. According to the author, the one trait that predominates among alcoholics is an avoidance of:

- a. work
- b. control
- c. responsibility
- d. none of the above

### **Chapter 7: What "They" Will Say**

27. According to the author, alcoholism is a disease of paradoxes.

- a. True
- b. False

28. According to the author, which group is likely to enable the alcoholic?

- a. friends
- b. fellow workers
- c. the professionals
- d. all of the above

**Chapter 8: What about the Future?**

29. According to the author, a dangerous game played by wives of alcoholics is the:

- a. "I can...he won't"
- b. "I plan...he fails"
- c. "If I...then he"
- d. none of the above

30. According to the author, it is usually the loss of a wife that causes the crisis for the alcoholic to get sober.

- a. True
- b. False

**Chapter 9: Getting It All Together**

31. According to the author, the best advice to give the wife of an alcoholic is:

- a. to keep herself healthy
- b. to detach
- c. to accept alcoholism as a disease
- d. all of the above

32. According to the author, the alcoholic is addicted to alcohol and the spouse is addicted to the alcoholic.

- a. True
- b. False