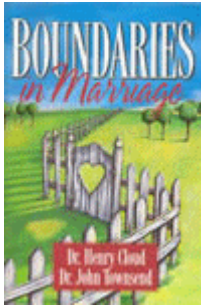


# *Boundaries in Marriage*

Dr. Henry Cloud and Dr. John Townsend

**12 CEHs**



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## Examination Questions

### Chapter 1: What’s a Boundary, Anyway?

1. According to the authors, where the boundaries are in a relationship means knowing who owns things such as feelings, attitudes, and behavior.
  - a. True
  - b. False
  
2. According to the authors, clarifying boundaries helps couples to:
  - a. know where one person ends and the other begins
  - b. determine who is responsible for what
  - c. know who should be owning the problem the couple is wrestling with
  - d. all of the above
  
3. According to the authors, the most basic boundary is:
  - a. eye contact
  - b. language
  - c. closeness
  - d. none of the above
  
4. According to the authors, words help define:
  - a. who you are
  - b. what you believe
  - c. what you do and don’t want
  - d. all of the above

### Chapter 2: Applying the Ten Laws of Boundaries to Marriage

5. The authors state that “actions have consequences” is the \_\_\_\_ law of boundaries.
  - a. second
  - b. fifth
  - c. first
  - d. eighth

6. According to the authors, how spouses affect and impact each other's heart is the \_\_\_\_ of marriage.
- a. relational aspect
  - b. functional part
  - c. both functional and relational parts
  - d. none of the above
7. According to the authors, desiring and protecting a mate's freedom of choice is the \_\_\_\_ law of boundaries.
- a. third
  - b. fourth
  - c. fifth
  - d. sixth
8. According to the authors, neglecting to set limits in a marriage because of a fear of causing pain violates the law of:
- a. proactivity
  - b. responsibility
  - c. evaluation
  - d. respect
9. According to the authors, needing to take the initiative to solve problems rather than being passive is following the law of proactivity.
- a. True
  - b. False

### **Chapter 3: Setting Boundaries with Yourself: Becoming More Lovable**

10. According to the authors, the reality of boundaries in marriage means that no matter what issues arise in the marriage, someone must take the initiative to solve them regardless of who is responsible for the issue.
- a. True
  - b. False
11. According to the authors, there are \_\_\_\_ major areas in which we need to set boundaries with ourselves in our marriage.
- a. four
  - b. three
  - c. two
  - d. one

### **Chapter 4: It Takes Two to Make One**

12. According to the authors, the concept of "you are not me" is one of the most important aspects of boundaries
- a. True
  - b. False
13. According to the authors, there is a certain and absolute amount of separateness that is good for all couples.
- a. True
  - b. False

### **Chapter 5: What You Value Is What You'll Have**

14. According to the authors, values are the ultimate boundaries in a marriage.
- a. True
  - b. False

15. The authors list \_\_\_\_ values that work to produce great boundaries in marriage.
- a. two
  - b. four
  - c. six
  - d. eight

**Chapter 6:** Value One: Love of God

16. Dr. Cloud believes that the couple he saw loved God enough to do what He asked of them and the result was that they grew to love each other.
- a. True
  - b. False

**Chapter 7:** Value Two: Love of Your Spouse

17. According to the authors, the love that seeks the welfare of the other is called:
- a. romance
  - b. agape
  - c. attachment
  - d. none of the above

**Chapter 8:** Value Three: Honesty

18. According to the authors, a dishonest spouse lies because of a fear of:
- a. abandonment
  - b. being controlled
  - c. real closeness
  - d. all of the above

**Chapter 9:** Value Four: Faithfulness

19. According to the authors, being faithful means a spouse can be:
- a. trusted
  - b. depended upon
  - c. believed in
  - d. all of the above

**Chapter 10:** Value Five: Compassion and Forgiveness

20. According to the authors, the true relationship killer is hardness of heart, much more than failure.
- a. True
  - b. False

**Chapter 11:** Value Six: Holiness

21. According to the authors, pursuing holiness means becoming the kind of person who can produce true love and life.
- a. True
  - b. False

**Chapter 12:** Three's a Crowd: Protecting Your Marriage from Intruders

22. According to the authors, triangulation is a healthy way to communicate in a marriage.
- a. True
  - b. False

23. According to the authors, some spouses distance because they have poor boundaries.

- a. True
- b. False

24. According to the authors, differences create intruder problems in the marriage.

- a. True
- b. False

### **Chapter 13: Six Kinds of Conflict**

25. According to the authors, people are more likely to grow when they are:

- a. judged
- b. nagged
- c. condemned
- d. none of the above

26. According to the authors, it is important to uncover which spouse is wrong in order to identify “the problem person.”

- a. True
- b. False

### **Chapter 14: Resolving Conflict with a Boundary-Loving Spouse**

27. According to the authors, modern psychiatry identifies people who don’t listen to feedback and cannot observe their problems as having “character disorders.”

- a. True
- b. False

### **Chapter 15: Resolving Conflict with a Boundary-Resistant Spouse**

28. In the example the authors gave about their friend Phil, he was learning that boundaries hurt sometimes.

- a. True
- b. False

29. According to the authors, when spouses feel misunderstood, they cannot trust that the other person has their best interests in mind.

- a. True
- b. False

### **Chapter 16: Avoiding the Misuse of Boundaries in Marriage**

30. According to the authors, boundaries are not an ultimatum in marriage.

- a. True
- b. False